

PRESS RELEASE

For Immediate Release

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BBQ Fundraiser Will Kickoff Cross-Country Bike Trip by Wounded Warrior and Paralympian Rob Jones

July 27th event by "Fired Up To Help" to benefit Coalition to Salute America's Heroes

PURCELLVILLE, VA (July 11, 2013) – During his 2012 deployment to Afghanistan, Marine combat engineer Rob Jones was hit by an improvised explosive device (IED), resulting in double above-knee amputations of both his legs.

On Monday, July 8th, Rob and his partner, Oksana Masters, won the U.S. Para-Rowing Championships in Princeton, NJ, qualifying them to represent the USA at the World Championships in South Korea this August.

And this November, Rob will be embarking on a <u>cross-country bicycle trip</u> from Maine to Southern California to raise awareness and money for some of the charities that aided him in his recovery.

To give this true American hero the send-off he deserves, Fired Up to Help, a non-profit organization based in the Washington, DC, metro area, is hosting a BBQ fundraiser on Saturday, July 27th, from 11:00 AM to 3:00 PM, at the Loudoun Valley High School in Purcellville. LVHS is Rob's high school alma mater. Proceeds from the event will support Rob's bike journey through the Coalition to Salute America's Heroes (Coalition), a leading not-for-profit organization dedicated to rebuilding the lives of severely wounded veterans of the War on Terror.

"Rob is one of the most inspiring men I have ever had the honor to meet," said David Walker, President & CEO of the Coalition to Salute America's Heroes. "He is obviously a unique individual, but the role he plays in motivating and challenging his fellow combat wounded and in raising funds and awareness for organizations like ours, is extraordinary."

In addition to delicious pulled pork, smoked chicken, pork lion, brats and hot dogs, Rob will be on-hand to meet with participants and share his inspirational story.

Rob and his partner, known as <u>Team Bad Company</u>, were bronze medalists for the USA at the 2012 Paralympic Games in London. The pair placed third in the Samsung World Rowing Cup in England last month. Rob was named USRowing's 2012 Man of the Year.

"When we found out what Rob was preparing to do, we just knew we had to pitch in with

one of our BBQ fundraisers," said Shawna Garrison of Fired Up to Help. "Everyone in the local area is invited to come out, enjoy some delicious food and support two great causes: The Coalition to Salute America's Heroes and Rob Jones. Whether you only have time to swing by for five minutes or are able to hang out with us for a while, we hope to see you there."

Loudoun Valley High School is located at 340 N. Maple Avenue in Purcellville, VA.

To learn more about, or to support, Rob's upcoming cross-country bike trip, please visit www.RobJonesJourney.com.

About the Coalition to Salute America's Heroes

The Coalition to Salute America's Heroes, based in Leesburg, VA, has provided an invaluable lifeline to thousands of America's wounded veterans since its establishment in 2004. The Coalition is distinguished from other veteran-focused organizations by its direct financial assistance to America's wounded heroes. Its Emergency Financial Aid program has stopped foreclosure proceedings on veterans' homes and kept their vehicles from being repossessed. The organization regularly provides gift checks to cover meals, medical and utility bills, clothing, car repairs and even baby diapers.

For more information on the Coalition, and to learn how you can support its mission, visit www.saluteheroes.org.

About Fired Up to Help

Fired Up to Help is a non-profit organization based in the Washington D.C. metropolitan area that was created to serve two missions. First, to be prepared to serve hot meals to first responders and our local community in the event that a disaster strikes our area, natural or man-made. Second, to serve as a fundraising mechanism to help other non-profit organizations by throwing BBQ fundraisers. For more information, visit www.FiredUpToHelp.org.