

## ELIGIBILITY

**A veteran applicant (or spouse/ caregiver) must have or be caring for a veteran who has:**

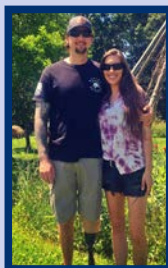
- ★ Sustained an injury during combat in Operation Iraqi Freedom, Operation Enduring Freedom, Operation New Dawn, Operation Inherent Resolve or in support of those operations, in a hostile location. With a DoD or VA disability rating of 30% or greater from a single sustained severe injury.

## HOW TO APPLY

To become a member of our free **Veterans Circle Network** or **Veteran's Caregiver Alliance** programs visit our website [www.saluteheroes.org](http://www.saluteheroes.org) and complete the application form under the MEMBERSHIP tab.

If you are already a member of VC or VCA and interested in registering your child for America's Little Helpers, email [americashelpers@saluteheroes.org](mailto:americashelpers@saluteheroes.org) for more information.

## IN OUR WORDS...



*"The best thing you can do for yourself is find another caregiver or a network of caregivers to talk to. There are so many other people going through a similar situation or the same things you are. It's a big help knowing you are not alone."*

*- Whitney Hanrahan, wife of a disabled Marine*



*"I'm the child of a wounded Iraq veteran and I think having a program just like America's Little Helpers is such a good idea. I look forward to building friendships with other military kids just like me."*

*- Daughter of wounded veteran*

# MEMBERSHIP & VETERAN NETWORKS

*Special projects of the Coalition to Salute America's Heroes*



**Coalition to Salute America's Heroes**

**552 Fort Evans Road, Suite 300**

**Leesburg, VA 20176**

**[www.saluteheroes.org](http://www.saluteheroes.org)**

**(888) 447-2588**





The Veteran Circle (VC) program has been created to help disabled veterans connect with others and identify resources to support them during all phases of their road to recovery. As a member you will enjoy these benefits:

- ★ Eligible for Holiday Meal Checks
- ★ Receive Local Event Updates
- ★ Skillsoft Online Education
- ★ Discounted Dental & Vision Plans
- ★ Financial Coaching
- ★ Mental Health Support
- ★ Veteran Outreach and Advocacy



Becoming a member of VC does not guarantee that you will be selected to receive holiday meal checks, but it does make you eligible.

Your free membership would also provide the opportunity for your spouse/caregiver or children to benefit from our other programs.

## Veteran's Caregiver Alliance®



The mission of Veteran's Caregiver Alliance (VCA) is to improve the quality of life for the caregivers of our nation's combat-wounded veterans. We will guide caregivers through all services available while identifying and filling gaps in those services. We will work with like-minded veterans service organizations (VSOs), government agencies and community initiatives to assure that the needs of caregivers are being met, both privately and publicly. A key to our success must be strengthening the care and compassion that caregivers share with each other, and to do all we can to support them.

### BENEFITS:

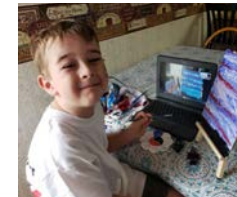
- ★ Discounts to National Retailers
- ★ Access to Caregiver Resources
- ★ Caregiver & Family Support
- ★ Mental Health & Suicide Prevention Information
- ★ Free Membership & Monthly Newsletter



*"These children and young adults are funny, intelligent, and resilient. They are often little caretakers themselves, carrying such a heavy load. They were able to kick back, relax and do something just for them! With kids just like them. It was a blast to watch the walls come down and relationships build." – Tiffany Steinmann, Director of ALH*



The vital mission of America's Little Helpers is to provide the children of wounded and disabled veterans with resources, support, and outlets to help them cope and thrive while living with the effects of their parents mental and physical war wounds.



With future growth our goal is to provide these brave kids with outlets such as educational support, virtual and in-person art therapy, day camps and multi-day retreats. Other types of therapy are equine, music and recreation. The strongest form of support for these kids is creating opportunities for them to bond and form relationships with other children of wounded veteran families.



# Support for Disabled Veterans and Their Families