



HEROES

THANKING HEROES

rebuilding lives. restoring hope

April | 2023

Hello! My name is Tiffany

and I'm a wife and caregiver to my husband, Joel. Joel's parents co-signed for him to join the Army in 2001 when he was still in high school. Following his grandfather's footsteps, he joined as an RTO (Radio Teletype Operator) with the goal of becoming an infantryman, deploying to Iraq from 2003 to 2005; he served his country proudly.

Returning home, though physically he looked okay, the war within began--- survivor's guilt, nightmares, flashbacks, hypervigilance. This started his journey with VA, therapies, treatment, and inpatient stays. The invisible wounds needed attention and, coupled with physical injuries, made it so he could not re-enlist as an infantryman, and thus separated from the military in 2009.



Our Wedding Day



"I do!"

We met briefly through mutual friends in Arizona in 2010 at a young adult's Sunday service at the church I attended. We became fast friends in 2011, sharing mutual interests in spending time in nature and eating sushi, and ultimately marrying in 2012 in my parent's backyard in Michigan. Marriage was incredibly challenging our first year, with the hidden wounds of war surfacing, suffering a miscarriage, and almost losing my husband to suicide, but by the grace of God, we are here together to share our story in hopes of giving a glimmer of hope to even one. Keep taking one step at a time, and seek help for yourself and your loved one.

Find a community that supports you. Remember, there is always hope!



From the Team...

Working remotely means there are countless opportunities to balance work life, home life, and life outside of the home; like going to doctor appointments, children's activities, and other unforeseen events that I would have normally missed if I was not working from home. Having the flexibility to tend to my family is priceless, and working for a Non-Profit like the Coalition to Salute America's Heroes means that I get to work alongside an amazing, talented group of passionate people while serving our Veterans. What could possibly be better?

~ HTH Social Media Team Lead, Brie E.

The road to recovery has been long for Joel,

one which he is still on, but it looks different from almost 20 years ago. He's come so far! Weekly appointments with doctors are the norm today, and triggers are still there, but together we've learned many tools and ways to improve his quality of life. It is not easy, but because of our faith, medical support, and a fantastic community filled with our family, friends, and the Coalition to Salute America's Heroes, we can press on.

It's hard to believe I will celebrate 8 years of employment with the Coalition this year! From making thank you calls to donors (thank you, donors, for blessing us and so many families like ours with your support) to leading a team of veterans and caregivers and our HTH social media

to my current role as America's Little Helpers (ALH) Program Manager, I have had the privilege to support veteran families for nearly a decade. Working alongside and learning from such kind and compassionate colleagues who have turned into friends and family is an honor.

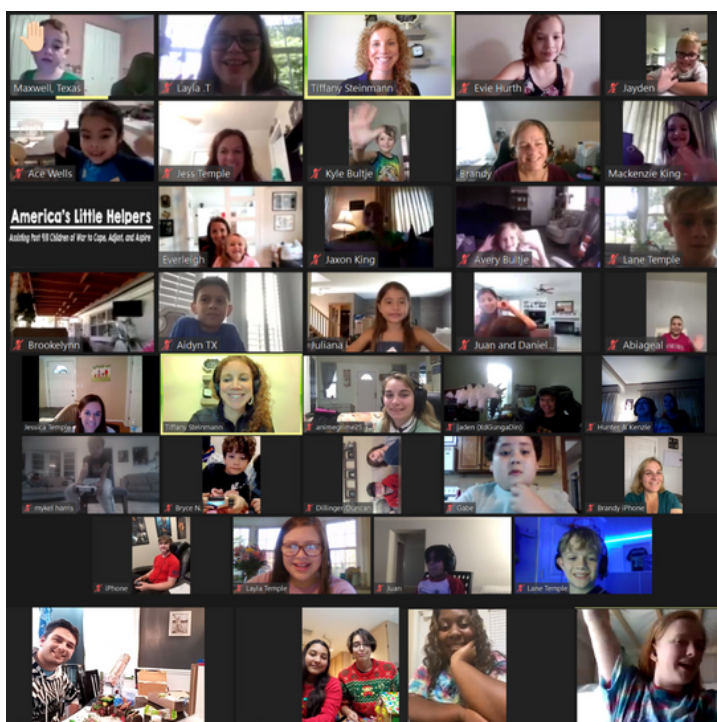


CONNECT WITH US ON SOCIAL MEDIA!



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I'm especially delighted to tell our story in April because it is also the Month of the Military Child. In my current role, I have the honor of recognizing and supporting these brave youth and young adults daily. America's youngest heroes shoulder more than their civilian peers, often becoming caregivers themselves attending medical appointments, caring for younger siblings, taking on extra chores at home, and even supporting their parents through medical events. Connecting hidden helpers through monthly virtual programming creates opportunities for these kids to bond and form relationships with other children of wounded veteran families, thereby lessening the feelings of isolation. To learn more about America's Little Helpers, go [here](#)



AMERICAS LITTLE HELPERS

We are honored to have our very own group of amazing little heroes we get to connect with on a monthly basis. ALH members chose from a variety of virtual events each month and form bonds with their peers while learning a new skill!

Make a Secure Donation to the Children of Wounded Veterans by Clicking [HERE](#).

May

Assisting Post 9/11 Children of War
to Cope, Adjust, and Aspire



- 5/1 Silver Star Service Banner Day
- 5/3 National Teacher Appreciation Day
- 5/5 National Children's Mental Health Day
- 5/8 Mother's Day
- 5/13 Children of Fallen Patriots Day
- 5/15 Peace Officer Memorial Day, International Day of Families
- 5/21 Armed Forces Day
- 5/30 Memorial Day



2023 Top-Rated
VOTE!

No matter how large or small, any amount of time, money or resources you can contribute to these heroic men and women and their families will be appreciated.

YOU CAN MAKE A DIFFERENCE
[DONATE](#) TODAY

What do you call a well-dressed lion?



Employment Resources

[JOIN THOUSANDS OF SERVICE MEMBERS, VETERANS, AND MILITARY SPOUSES IN SETTING UP FREE 1-HR MENTORSHIP PHONE CALLS.](#)

[HOW TO PREPARE FOR AND FIND A REMOTE JOB](#)

[314 CUSTOMER SERVICE JOBS AT SYKES](#)

[VISIT THE AMERICAN LEGION TO SEE IF THERE IS AN UPCOMING CAREER FAIR IN YOUR AREA](#)

[HIRING VETERANS: A STEP BY STEP GUIDE](#)

We are only a few reviews away from receiving our **2023 Top-Rated Status!** Are you a proud supporter of our mission? We'd love for you to give us a positive review on **[GreatNonprofits](#)**



Serving America's Disabled Veterans and their Families for Over 18 Years

Retiring Your Boots Blog



Have you ever considered the therapeutic value behind writing a letter to your past self? Think to the hardest time you endured and give your past self the wisdom of healing and time. We invite you to read Spc. Batchelor's **["Self Addressed Envelope"](#)** where he reflects on his alive day, back in 2004.